

Health Indicators

Section 4. Chronic Disease and Cancer

Data Source: CCHS 2019-2020, Statistics Canada

Updated: August, 2024

[Description](#)

Section 4A Chronic Diseases

4A.04. Prevalence of Chronic Diseases

Table 01. Self-Reported Currently has Chronic Conditions, All Ages, Male, CCHS 2019-2020

	Currently has Chronic Conditions (Weighted)	EOHU		Ontario	
		#	%	#	%
1	High Blood Pressure	21490	23.8%	1118509	18.2%
2	High Blood Cholesterol/Lipids	13154	16.5%	925858	16.4%
3	Arthritis (e.g. Osteoarthritis, Rheumatoid Arthritis, Gout)	13298	14.7%	920558	14.9%
4	Diabetes	12967	14.3%	559654	9.0%
5	Heart Disease	9247	10.2%	350206	5.7%
6	COPD	5710	9.1%	148401	3.8%
7	Anxiety Disorder (Phobia, OCD, Panic)	8082	9.0%	469709	7.6%
8	Mood Disorder (Depression, Bipolar, Mania, Dysthymia)	7278	8.1%	473371	7.7%
9	Asthma	6010	6.6%	420340	6.8%
10	Sleep Apnea	5788	6.4%	540252	8.7%

Figure 01. Self-Reported Currently has Chronic Conditions, All Ages, Male, CCHS 2019-2020

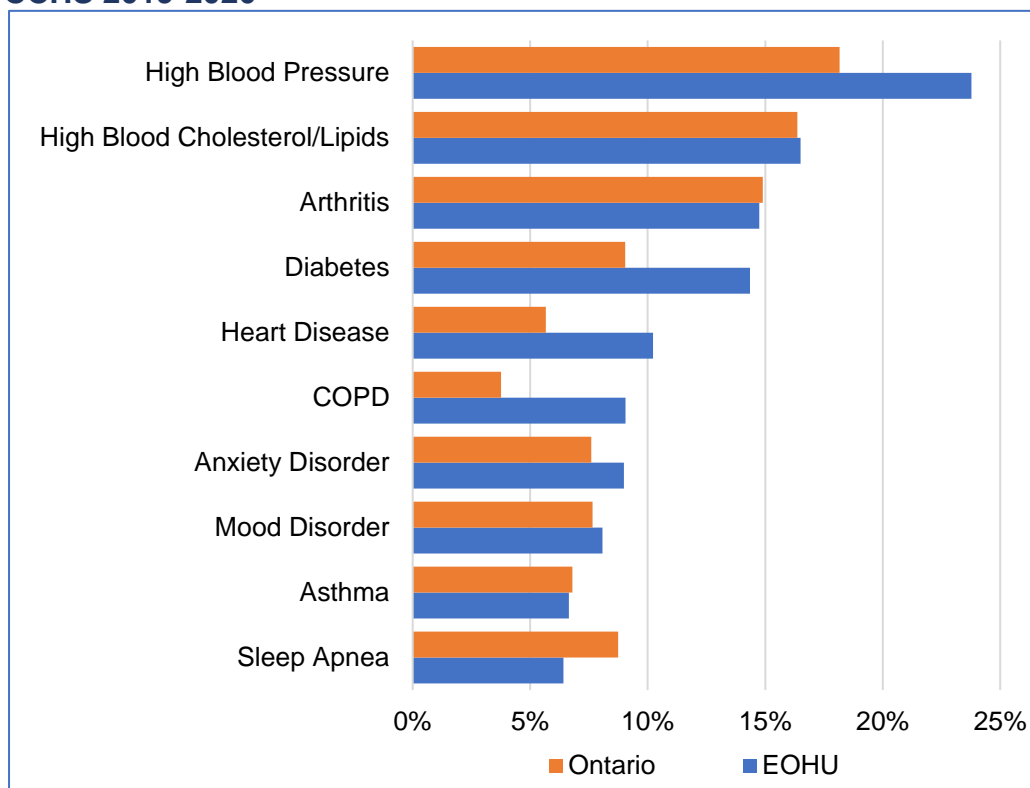


Table 02. Self-Reported Currently has Chronic Conditions, All Ages, Female, CCHS 2019-2020

	Currently has Chronic Conditions (Weighted)	EOHU		Ontario	
		#	%	#	%
1	Arthritis (e.g. Osteoarthritis, Rheumatoid Arthritis, Gout)	20049	21.7%	1386274	21.6%
2	High Blood Pressure	19276	20.9%	1105086	17.2%
3	Mood Disorder (Depression, Bipolar, Mania, Dysthymia)	13703	14.9%	739003	11.5%
4	Anxiety Disorder (Phobia, OCD, Panic)	12787	13.8%	828633	12.9%
5	High Blood Cholesterol/Lipids	9610	11.4%	733903	12.4%
6	Osteoporosis	6313	11.0%	481964	12.8%
7	Asthma	9215	10.0%	586884	9.1%
8	Diabetes	7940	8.6%	461767	7.2%
9	Sleep Apnea	7521	8.2%	322309	5.0%
10	COPD	3451	5.2%	163854	3.8%

Figure 02. Self-Reported Currently has Chronic Conditions, All Ages, Female, CCHS 2019-2020

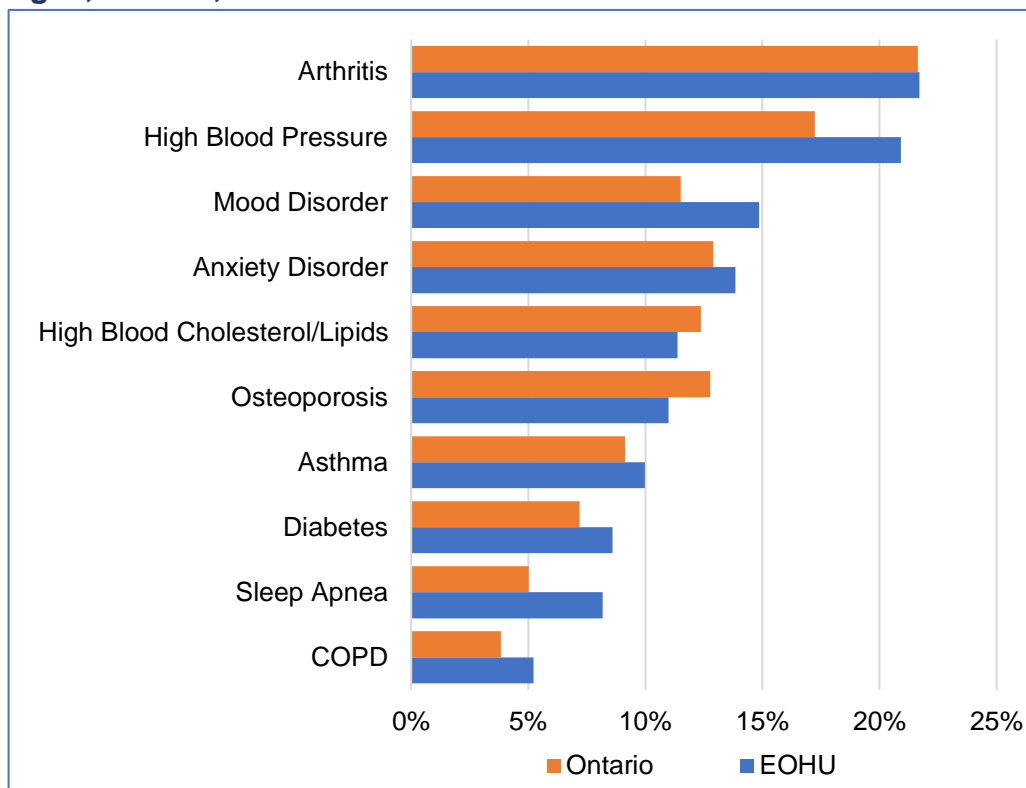


Table 03. Self-Reported Currently has Chronic Conditions, Less than 65 Years, Male, CCHS 2019-2020

	Currently has Chronic Conditions (Weighted)	EOHU		Ontario	
		#	%	#	%
1	High Blood Pressure	12187	17.5%	612704	12.2%
2	High Blood Cholesterol/Lipids	6776	11.5%	532263	11.7%
3	Anxiety Disorder (Phobia, OCD, Panic)	6990	10.1%	424258	8.4%
4	Arthritis (e.g. Osteoarthritis, Rheumatoid Arthritis, Gout)	6800	9.8%	498121	9.9%
5	Diabetes	6710	9.6%	290322	5.7%
6	COPD	3688	8.7%	71913	2.5%
7	Mood Disorder (Depression, Bipolar, Mania, Dysthymia)	4719	6.8%	405379	8.0%
8	Heart Disease	4296	6.2%	141152	2.8%
9	Sleep Apnea	4003	5.8%	384305	7.6%
10	Asthma	3142	4.5%	358402	7.1%

Figure 03. Self-Reported Currently has Chronic Conditions, Less than 65 Years, Male, CCHS 2019-2020

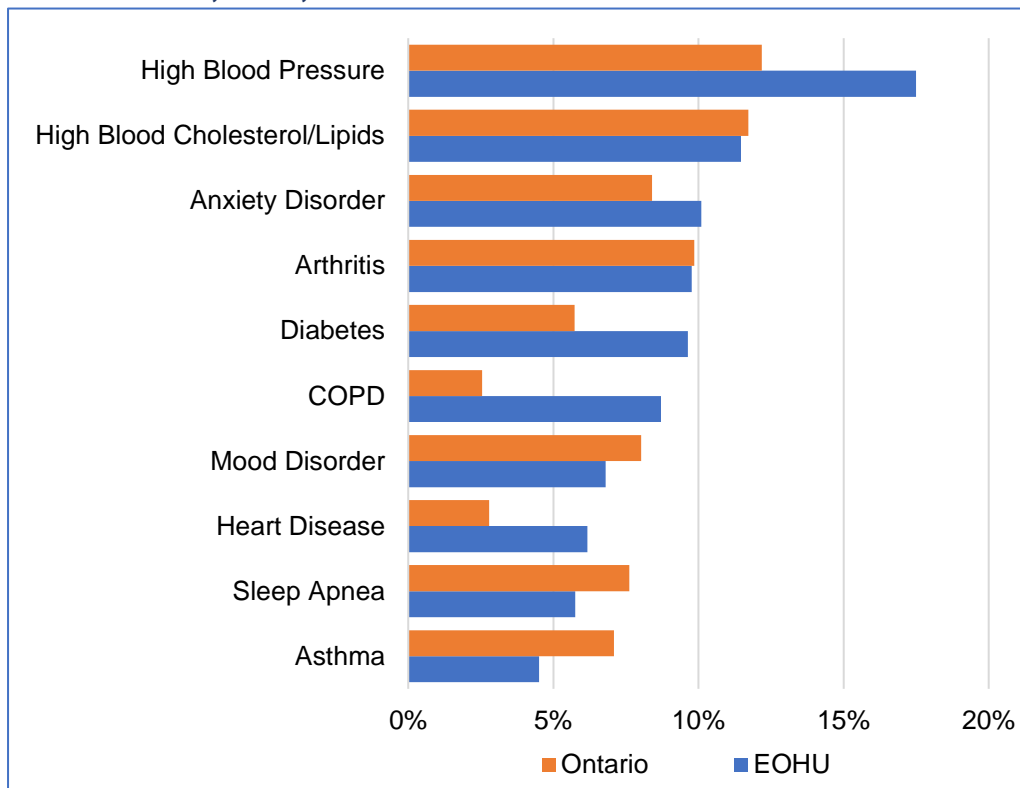


Table 04. Self-Reported Currently has Chronic Conditions, Less than 65 Years, Female, CCHS 2019-2020

	Currently has Chronic Conditions	EOHU		Ontario	
		#	%	#	%
1	Mood Disorder (Depression, Bipolar, Mania, Dysthymia)	12728	18.3%	626779	12.3%
2	Anxiety Disorder (Phobia, OCD, Panic)	10564	15.2%	747519	14.7%
3	High Blood Pressure	9136	13.2%	480525	9.5%
4	Arthritis (e.g. Osteoarthritis, Rheumatoid Arthritis, Gout)	7920	11.4%	646589	12.7%
5	Asthma	6406	9.2%	469669	9.2%
6	High Blood Cholesterol/Lipids	4345	7.0%	351222	7.6%
7	Sleep Apnea	4448	6.4%	223048	4.4%
8	Diabetes	3736	5.4%	228685	4.5%
9	Osteoporosis	1382	4.0%	163205	6.7%
10	Stroke	1503	2.2%	22338	0.4%

Figure 04. Self-Reported Currently has Chronic Conditions, Less than 65 Years, Female, CCHS 2019-2020

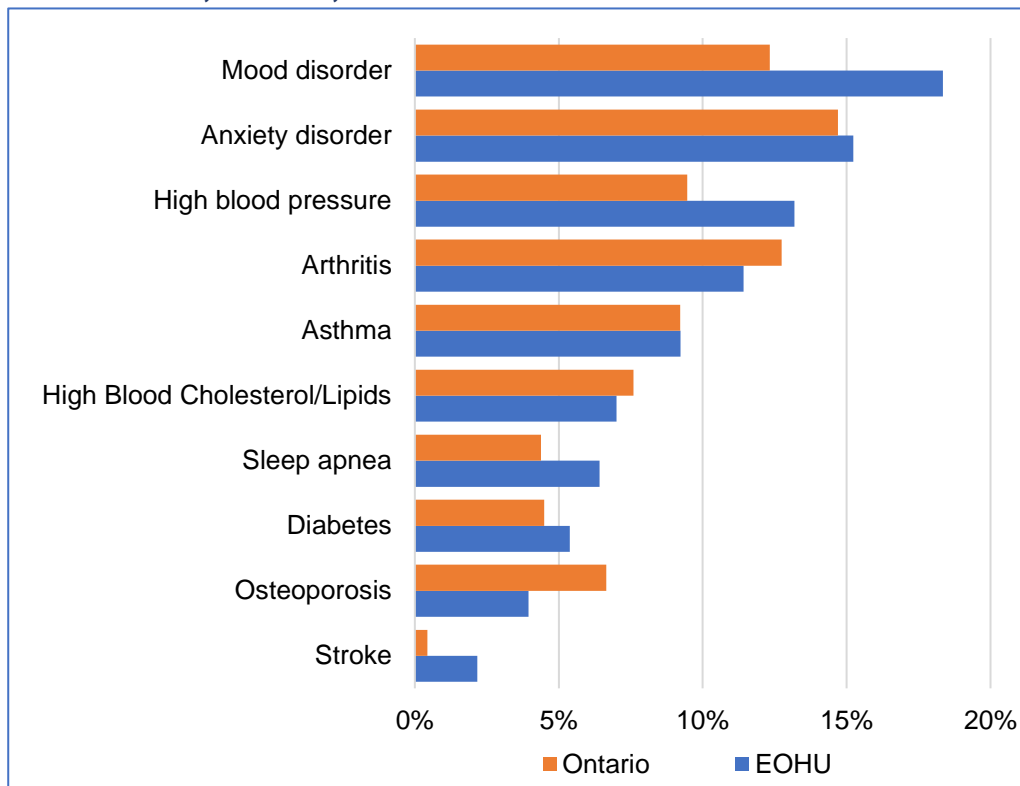


Table 05. Self-Reported Currently has Chronic Conditions, 65 Years & up, Male, CCHS 2019-2020

	Currently has Chronic Conditions (Weighted)	EOHU		Ontario	
		#	%	#	%
1	High Blood Pressure	9303	44.9%	505804	44.9%
2	Arthritis (e.g. Osteoarthritis, Rheumatoid Arthritis, Gout)	6498	31.7%	422437	37.5%
3	High Blood Cholesterol/Lipids	6379	31.0%	393595	35.2%
4	Diabetes	6257	30.2%	269332	23.8%
5	Heart Disease	4951	23.9%	209053	18.6%
6	Asthma	2868	13.8%	61939	5.5%
7	Mood Disorder (Depression, Bipolar, Mania, Dysthymia)	2560	12.3%	67992	6.0%
8	COPD	2021	9.7%	76488	6.8%
9	Sleep Apnea	1785	8.6%	155947	13.8%
10	Anxiety Disorder (Phobia, OCD, Panic)	1091	5.3%	45451	4.0%

Figure 05. Self-Reported Currently has Chronic Conditions, 65 Years & up, Male, CCHS 2019-2020

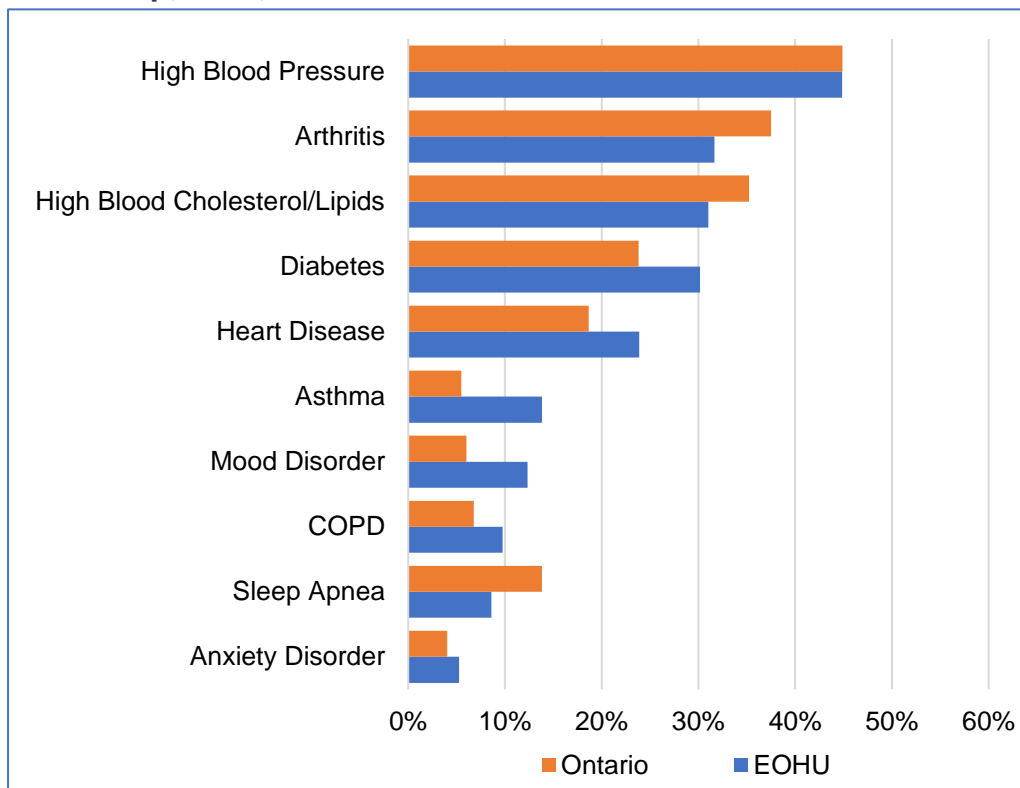
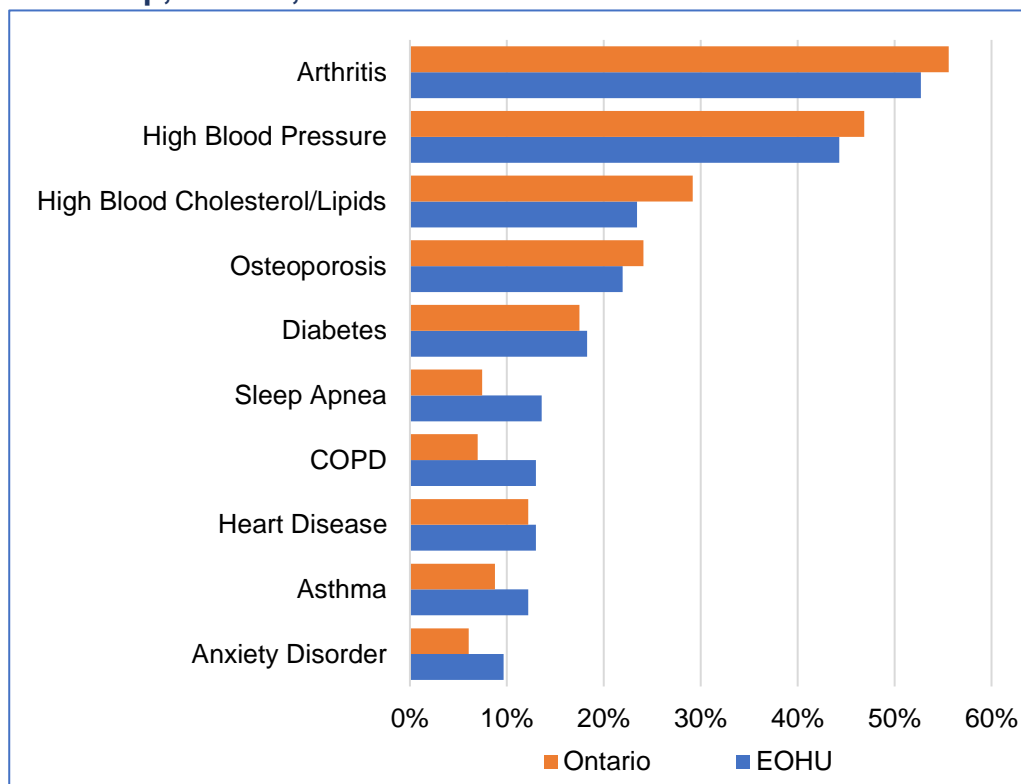


Table 06. Self-Reported Currently has Chronic Conditions, 65 Years & up, Female, CCHS 2019-2020

	Currently has Chronic Conditions (Weighted)	EOHU		Ontario	
		#	%	#	%
1	Arthritis (e.g. Osteoarthritis, Rheumatoid Arthritis, Gout)	12129	52.7%	739685	55.6%
2	High Blood Pressure	10140	44.3%	624561	46.9%
3	High Blood Cholesterol/Lipids	5264	23.4%	382681	29.2%
4	Osteoporosis	4931	21.9%	318760	24.1%
5	Diabetes	4204	18.3%	233082	17.5%
6	Sleep Apnea	3073	13.6%	99261	7.4%
7	COPD	2961	13.0%	93322	7.0%
8	Heart Disease	2992	13.0%	161908	12.2%
9	Asthma	2809	12.2%	117215	8.8%
10	Anxiety Disorder (Phobia, OCD, Panic)	2223	9.7%	81115	6.1%

Figure 06. Self-Reported Currently has Chronic Conditions, 65 Years & up, Female, CCHS 2019-2020



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