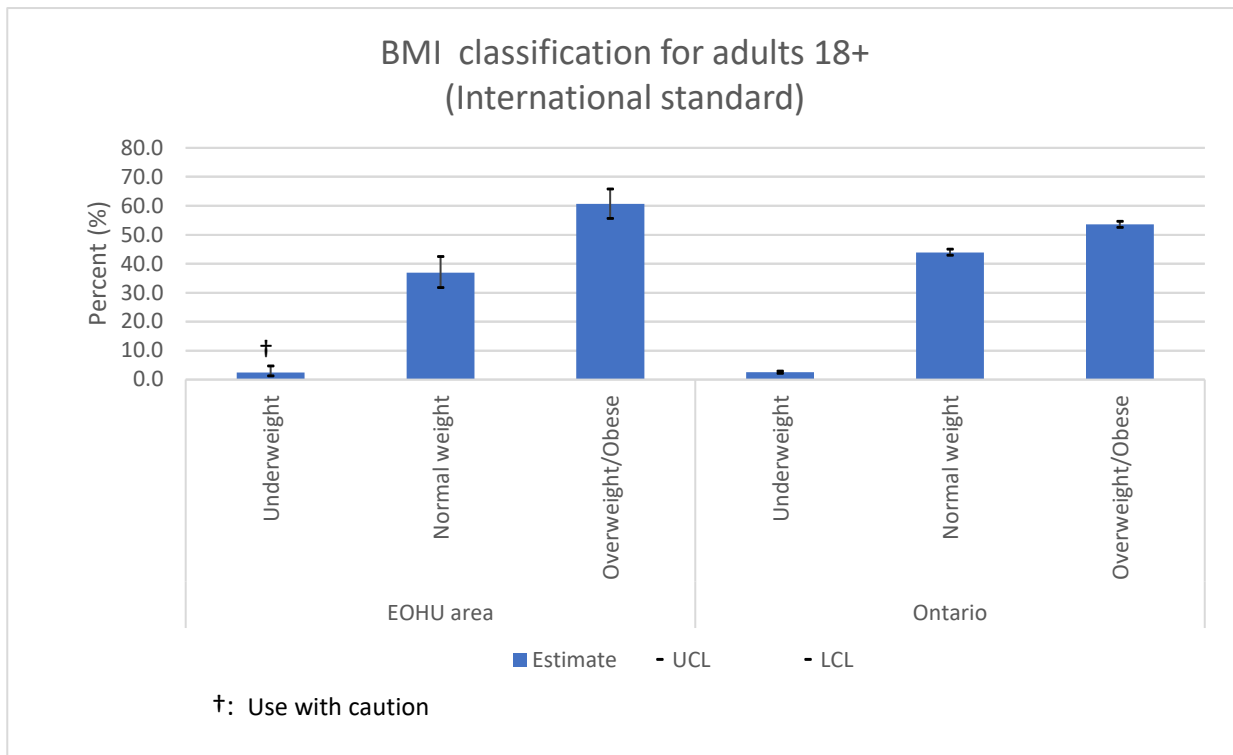


Adult Body Mass Index (BMI)



BMI classification for Adults 18+ years (International standard) – EOHU area and Ontario

Percent (LCL, UCL)	BMI Classification	Estimate
EOHU area	Underweight	2.4 (1.2, 4.6)
EOHU area	Normal weight	36.9 (31.7, 42.4)
EOHU area	Overweight/Obese	60.7 (55.6, 65.7)
Ontario	Underweight	2.5 (2.1, 2.9)
Ontario	Normal weight	43.9 (42.9, 45.0)
Ontario	Overweight/Obese	53.6 (52.5, 54.6)

SOURCE: CANADIAN COMMUNITY HEALTH SURVEY [2015-16], STATISTICS CANADA, SHARE FILE, ONTARIO MINISTRY OF HEALTH AND LONG-TERM CARE.