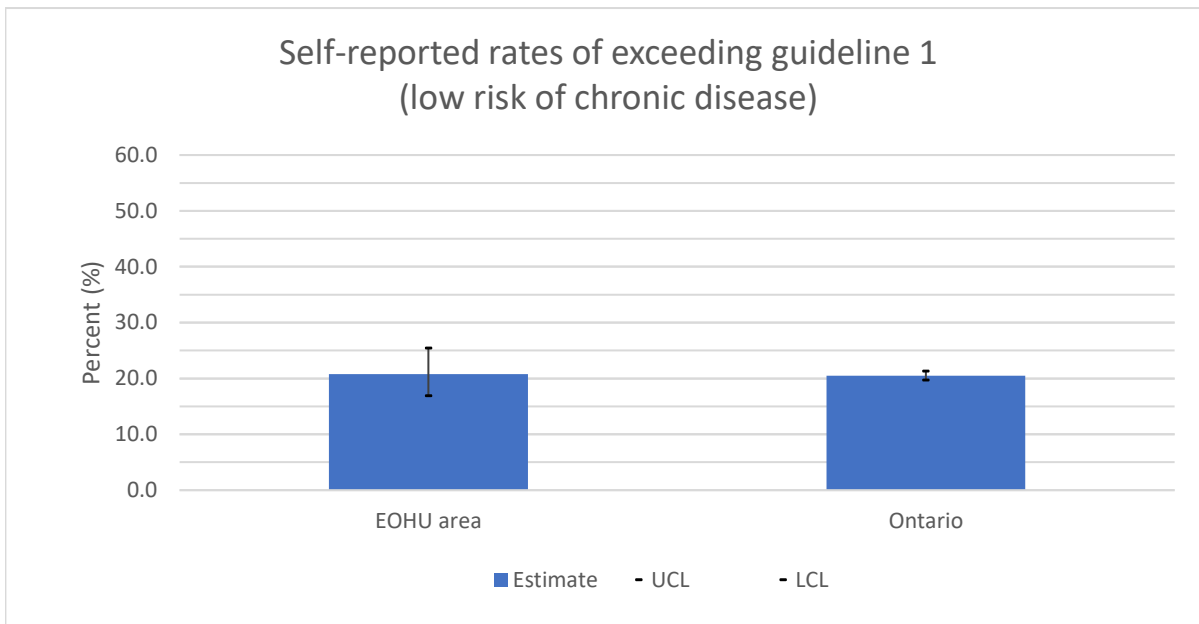
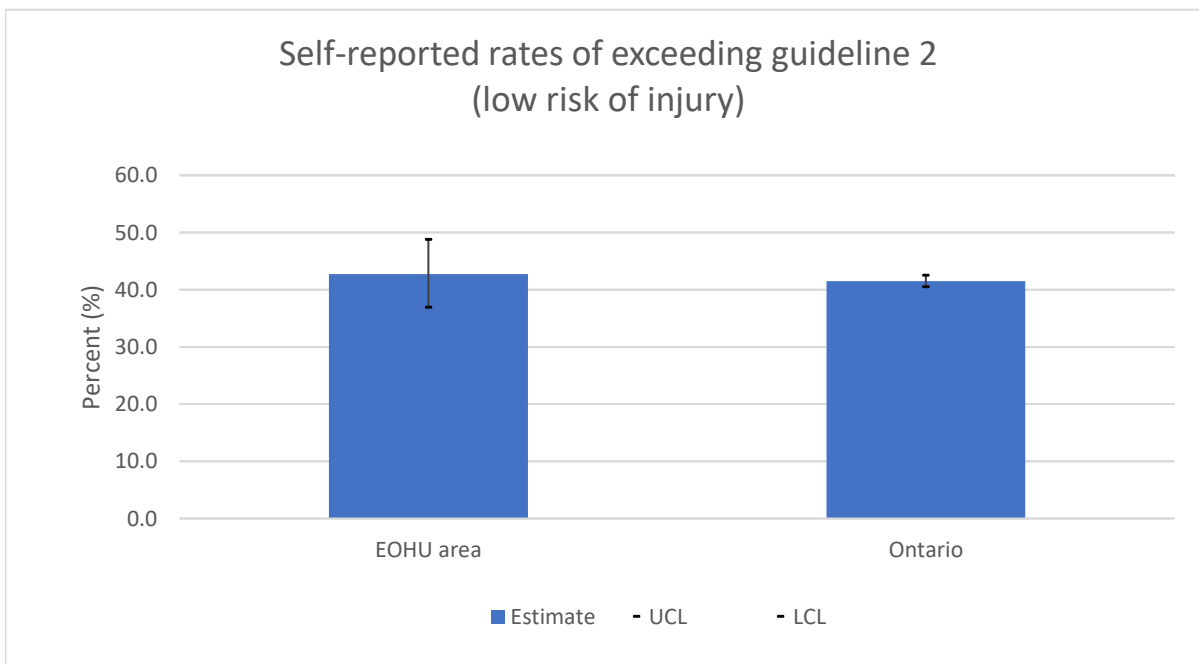


**Exceeding Canada's 2011 Low-Risk Alcohol Drinking Guidelines (LRADGs)**



**Self-reported rates of exceeding guideline 1 (low risk of chronic disease)**

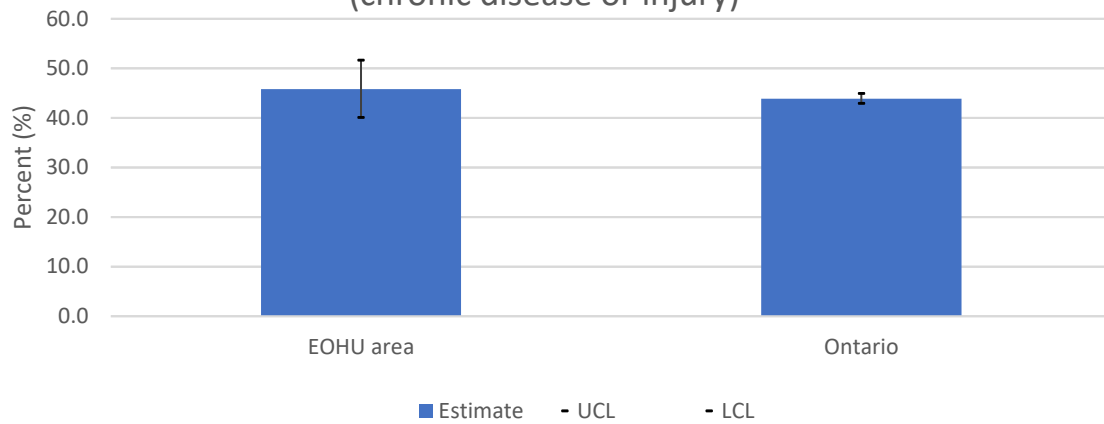
Estimate	EOHU area	Ontario
Percent (LCL, UCL)	20.8 (16.9, 25.4)	20.5 (19.7, 21.3)



**Self-reported rates of exceeding guideline 2 (low risk of injury)**

Estimate	EOHU area	Ontario
Percent (LCL, UCL)	42.8 (36.9, 48.8)	41.5 (40.5, 42.5)

Self-reported rates of exceeding either  
low-risk alcohol drinking guideline  
(chronic disease or injury)



Self-reported rates of exceeding either guideline 1 or guideline 2 (low risk of chronic disease or injury)

Estimate	EOHU area	Ontario
Percent (LCL, UCL)	45.8 (40.1, 51.6)	43.9 (42.9, 44.9)

SOURCE: CANADIAN COMMUNITY HEALTH SURVEY [2015-16], STATISTICS CANADA, SHARE FILE,  
ONTARIO MINISTRY OF HEALTH AND LONG-TERM CARE.