WASH YOUR HANDS WITH SOAP FOR 20 SECONDS



Wet hands



Apply soap



Rub hands palm to palm



Lather the backs of your hands



Scrub between your fingers



Rub the backs of fingers on the opposing palms



Clean thumbs



Wash fingernails and fingertips



Rinse hands



Dry with a single use towel



Use the towel to turn off the faucet and open the door



Dispose of towel in the garbage



