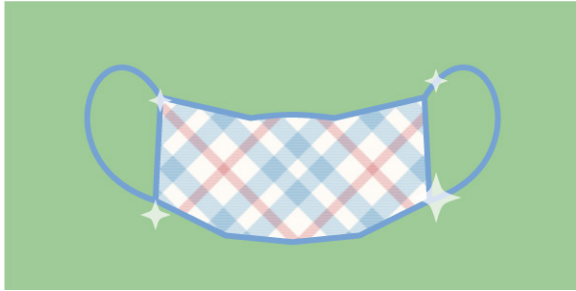


HOW TO SAFELY PUT ON A FACE COVERING OR MASK

STEP 1:



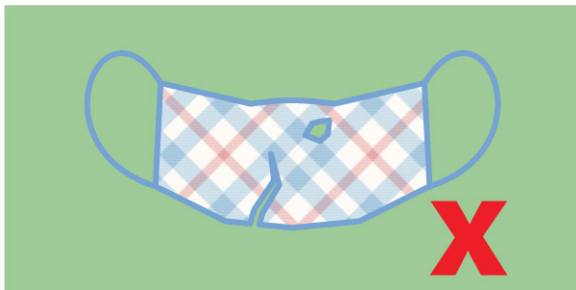
Make sure face covering is clean (laundered since last use). If using a disposable mask, make sure it is new and has not been worn before.

STEP 2:



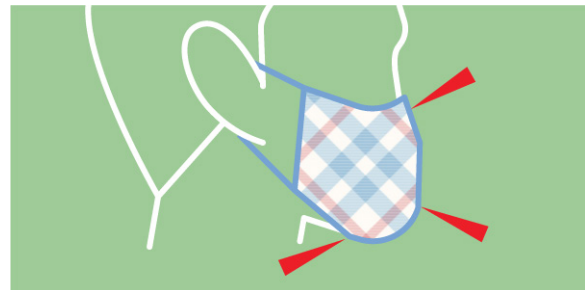
Clean hands with soap and water or hand sanitizer before touching the face covering.

STEP 3:



Check face covering to make sure there are no obvious tears or holes.

STEP 4:



Place over your face, ensuring it covers the nose, mouth and chin. Avoid touching it again until it is removed.

STEP 5:



Clean hands with soap and water or hand sanitizer.

12126 ICD-20e



HOW TO SAFELY REMOVE A FACE COVERING OR MASK

After using a face covering or mask, assume that it is contaminated. Avoid touching it or disposing of it in a way that could spread germs to you or someone else.

STEP 1:



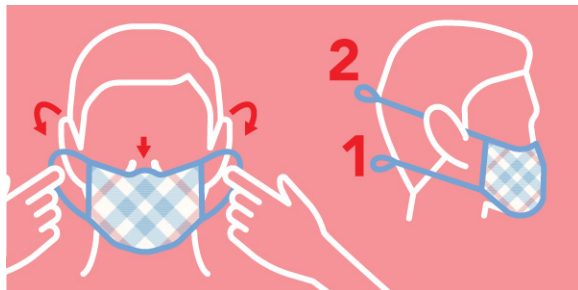
Clean hands with soap and water or hand sanitizer.

STEP 2:



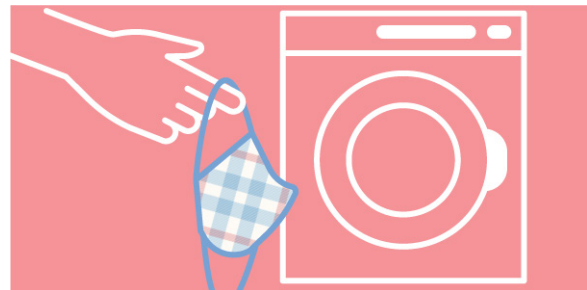
Avoid touching the front of the face covering. Only touch the loops or ties to remove it.

STEP 3:



Hold both loops, unhook and lift away from face. If face covering has ties, untie lower bow first, followed by upper bow.

STEP 4:



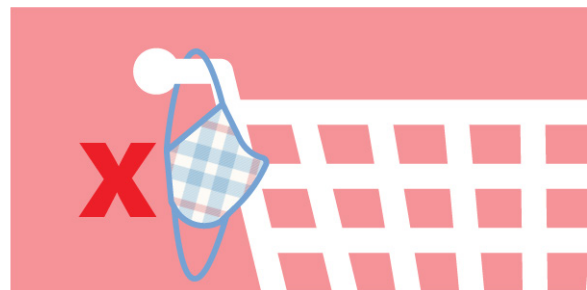
Hold face covering by loops/ties and place directly into washing machine. Single-use masks should be disposed of in a lined garbage container with lid.

STEP 5:



Wash hands with soap and water or hand sanitizer before touching anything else.

NOTE:



Do not leave discarded masks in shopping carts, on the ground, etc.

12126 ICD-20e

