ANNUAL REPORT 2025

EOHU
Eastern Ontario Health Unit

BSEO
Bureau de santé de l'est de l'Ontario

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A WORD FROM THE MEDICAL OFFICER OF HEALTH



The Eastern Ontario Health Unit (EOHU) celebrated its 90th anniversary in 2025, and in honour of this milestone, we looked back on the ways the EOHU has supported the community. From our beginnings as a 5-year pilot project, through the COVID-19 pandemic and beyond, the EOHU has worked endlessly to improve the quality of life in our region.

As we celebrated our past, we also looked to our future, and what the next 90 years of public health might bring. In preparation for our future, we launched our new strategic plan for 2025 through 2030. This plan sets the framework for the health unit for the next 5 years and will help us to optimize our services and operations and to best serve the community, by addressing both pre-pandemic and post-pandemic challenges.

I am also pleased to share that in 2025 our Hawkesbury office relocated into a newly built office. This move allowed us to expand the services the community relies on, including a new and modern dental suite, where we now offer an array of dental services to eligible individuals.

As proud as I am of our last 90 years, I look forward to the growth of the health unit and the continued difference the EOHU will make in the community over the decades to come.

Dr. Paul Roumeliotis
Medical Officer of Health
Chief Executive Officer

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BY THE NUMBERS

PREVENTION



1408
clients at Watch Me Grow drop-ins
495 new clients
913 returning clients

115
Baby's Best Start referrals



88
initial Baby's Best Start assessments

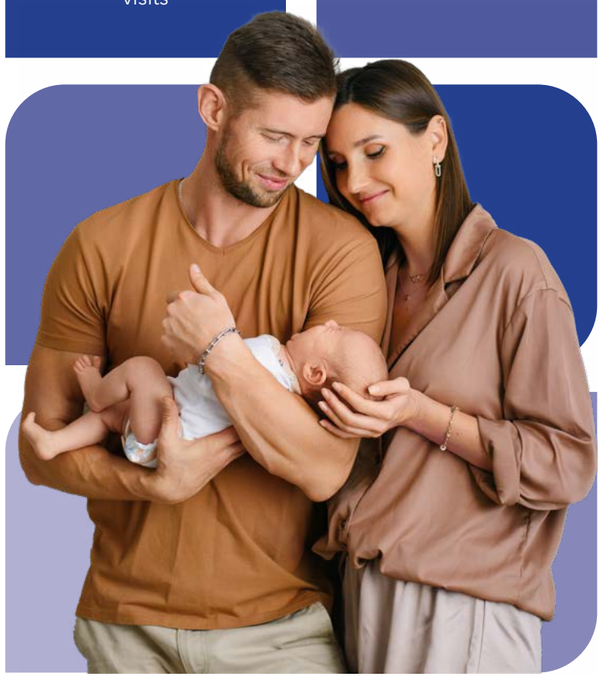
156
Healthy Babies, Healthy Children (HBHC) prenatal screens

1708
HBHC postnatal screens

30
HBHC early childhood screens

458
Public Health Nurse (PHN) postnatal home visits

42
PHN prenatal home visits



93
new clients on the Blended Home Visiting Program

2760
home visits with clients on the Blended Home Visiting Program

69
parents registered for Triple P for Baby

69
individuals screened at **9** cervical screening clinics

8856
dental screenings in **86** schools

1114
Healthy Smiles Ontario dental appointments

1134
Ontario Seniors Dental Care Program (OSDCP) dental appointments

50
OSDCP clients received dentures



45
Canadian Dental Care Plan dental appointments

12
Ontario Disability Support Program dental appointments

5
Ontario Works dental appointments



77
grade **7** school immunization clinics

9039
Immunization of School Pupils Act (ISPA) student file reviews



8917
ISPA first notices sent to parents

204
tobacco cessation referrals

150
tobacco cessation participants

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BY THE NUMBERS

PROTECTION



731
mammal exposures (bite, scratch, etc.) assessed for rabies risk

76
human bite reports



206
outbreaks managed
4 active tuberculosis cases

114
STI tests
12 positive cases treated

1797
food premises routine inspections

56
adverse water quality incidents (AWQIs) addressed

22
Small Drinking Water System (SDWS) assessments/ inspections

63
recreational water facility routine inspections

200
Get a Kit Project STI gonorrhea and chlamydia tests
14 positive cases treated

417
units of naloxone distributed

33
migrant farmers accommodation inspections

380
routine personal service setting inspections

61
institutional inspections (retirement homes, lodging homes, shelters)

155
routine display and promotion inspections of tobacco retailers

148
routine display and promotion inspections of vapour product retailers

304
youth access inspections of tobacco product retailers

147
youth access inspections of vapour product retailers



17
institutional setting Infection Prevention and Control (IPAC) complaint follow ups

73
child care centre inspections

48
formal Smoke-Free Ontario Act (SFOA) complaints

33
mandatory SFOA secondary school inspections



8
child care centre complaint follow ups

189
vaccine cold chain inspections

45
staff members received safeTALK training

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BY THE NUMBERS

PROMOTION



~400%

increase in views of EOHU Alcohol Be Informed webpage compared with 2024

9

school community engagements regarding comprehensive school health projects

38

curriculum support requests



288

views on the safer language resource list for partners

85

downloads of the safer language resource kit

78

school staff or parents attended vaping prevention and cessation training for adult allies of youth

~80

school staff and 19 parents attended nutrition, weight bias and food neutral language training







24

editions of Nutrition and Physical Activity FYI Newsletter for Childcare and Early Years Practitioners (12 for childcare and 12 for early years practitioners)

99

requests for information and support



BY THE NUMBERS

ADMINISTRATION

185

employees

7

new staff hired

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HIGHLIGHTS

RSV VACCINE EXPANDED ELIGIBILITY

During the fall of 2025, the Respiratory Syncytial Virus (RSV) vaccine program expanded eligibility to include individuals 75 years of age and older. RSV is a viral respiratory infection that can cause severe respiratory illness in infants and older adults. The vaccine is part of Ontario's publicly funded RSV prevention program and is available for free to eligible individuals through health care providers and at EOHU offices for those without a primary care provider. To promote the expanded program and vaccine availability, the EOHU ran a social media campaign and ads, shared a press release and provided more information on the virus and vaccine eligibility on the EOHU website.





MEASLES CASES

As the measles outbreaks that began in 2024 continued, and Canada lost its measles elimination status, the EOHU closely monitored the virus' spread as cases were diagnosed closer to the region. To combat the virus and to help prevent further spread, the EOHU ran awareness campaigns on the importance of routine immunization, and how to prevent the spread of measles. Cases diagnosed in the EOHU region were investigated and contact tracing protocols were followed.

NEW HAWKESBURY OFFICE

In October of 2025, the EOHU relocated the Hawkesbury office into a purpose-built office at 297 Main Street West. This move allowed the EOHU to continue to provide the highest quality of services to the community, in addition to expanding dental services in the upgraded dental suite. The new office also features a single-storey, increasing accessibility, and ample parking spaces.





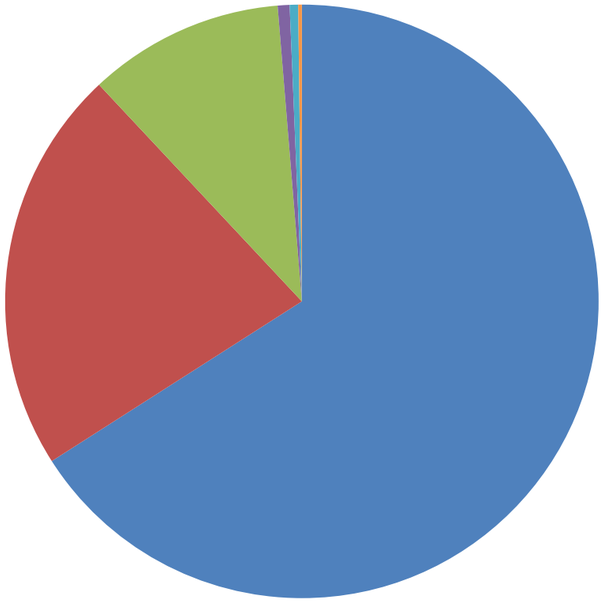
EXPANDED DENTAL SERVICES

With the expansion of the Canadian Dental Care Plan (CDCP) eligibility, and the new EOHU office in Hawkesbury, the EOHU expanded its dental service offerings and appointment eligibility. Beginning late 2025, the EOHU started accepting dental clients who do not have a dentist, and receive Ontario Works (OW), Ontario Disability Support Program (ODSP) or CDCP. This expansion was in addition to the Ontario Seniors Dental Care Program (OSCDP) and Healthy Smiles Ontario (HSO) programs. Eligible dental clients can receive basic dental services, such as cleanings, fillings, x-rays and more, and can book appointments by calling the EOHU.

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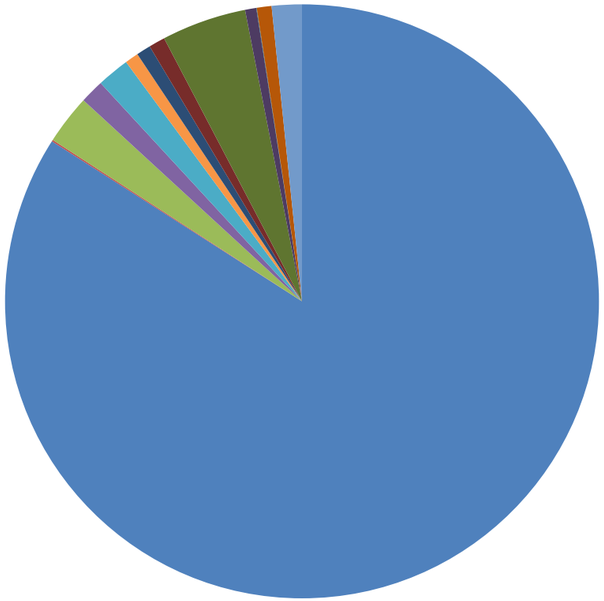
FINANCIAL REPORTS

REVENUE:



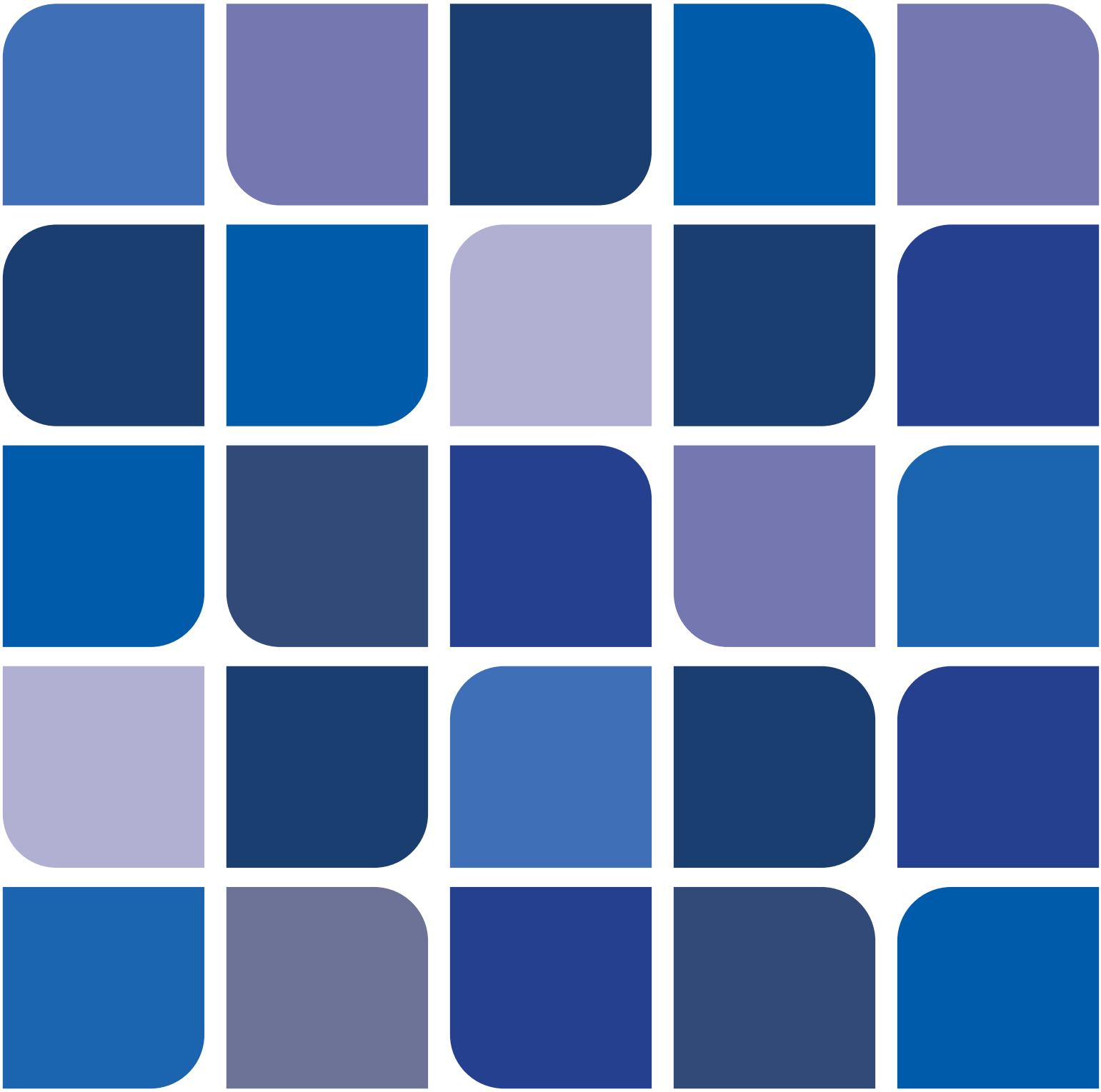
Provincial funding	65.95%
Municipal funding	22.07%
Other Provincial Funding	10.67%
Recoveries	0.65%
Interest	0.46%
Other	0.20%

EXPENDITURES:



Salaries and Benefits	84.06%
Board and Corporate	0.08%
Occupancy Cost	2.69%
Materials and Supplies	1.30%
Equipment	1.77%
Administrative	0.74%
Training	0.78%
Travel	0.89%
Purchased	4.61%
Telecommunications	0.61%
Interest and Bank Charges	0.03%
Office Supplies	0.80%
Capital expenditures	1.64%

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